










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1=1st Floor entertainment 2=2nd floor therapy gym 3=3rd floor activities DR=Dining Room L=Lobby PDR=Private Dining Room G=Gazebo					
<b>01</b> 1:00 PM Worship for Everyone with Holy Communion (DR)	<b>02</b> 10:30 AM BREAKFAST BINGO (3) 10:00 AM KROGER TRIP- SIGN UP IN LOBBY <b>2:00 PM MUSICAL PERFORMANCE</b> <b>MICHELLE STUDEBAKER</b> 3:00 PM RESIDENT COUNCIL MEETING (3)	<b>03</b> <b>10:00 AM-4:00 PM</b> <b>Pedicures by</b> <b>appointment (SALON)</b> 10:00 AM CHAIR YOGA <b>11:00 AM TRIVIA (DR)</b>  <b>2:00 PM BIBLE STUDY (3)</b> <b>3:00 PM Wii BOWLING (1)</b>	<b>04 BEAUTY SHOP DAY</b> <b>8:30 AM 60 + PROGRAM (L)</b>  <b>10:00 AM MEIJER</b> Sign up in lobby  <b>2:00 PM VALENTINE'S DAY</b> CRAFT WITH KAREN	<b>05</b> <b>9:30 AM DONUTS AND COFFEE</b> 10:30 AM CHAIR EXERCISES- VIDEO W/ KAREN (3)  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR (L)</b>	<b>06</b> 10:00 AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  <b>1:00 PM SIMPLYEZ MEALS PRESENTATION (DR)</b> SIGN UP REQUIRED  <b>3:00 PM Chair Volleyball (3)</b>	<b>07</b>  RESIDENT POTLUCK
<b>08</b> 1:00 PM Worship for Everyone with Holy Communion (DR)  	<b>09</b> 10:30 AM BREAKFAST BINGO (3) 10:00 AM KROGER TRIP- SIGN UP IN LOBBY  <b>1:00 PM MOVIES AND POPCORN (3)</b>	<b>10</b> 10:00 AM CHAIR YOGA (3) <b>11:00 AM TRIVIA (DR)</b>  <b>2:00 PM BIBLE STUDY (3)</b> <b>3:00 PM Wii BOWLING (1)</b>	<b>11 BEAUTY SHOP DAY</b> <b>10:00 AM MEIJER</b> Sign up in lobby  <b>MEET AND GREET WITH JOE</b>   <b>3:00-4:30 PM RESIDENT BINGO</b>	<b>12</b> 10:00 AM CHAIR EXERCISES- VIDEO W/ KAREN (3)  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR (L)</b>	<b>13</b> 10:00 AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  <b>12:30-2:30 PM</b> <b>VALENTINE'S DAY</b> <b>PARTY (DR)</b> <b>ROOT BEER FLOATS</b> <b>GAMES AND TREATS</b>	<b>14</b> 
<b>15</b> 1:00 PM Worship for Everyone with Holy Communion (DR)	<b>16</b> 10:30AM BREAKFAST BINGO (3) 10:00 AM KROGER TRIP- SIGN UP IN LOBBY <b>1:00 PM PAINTING W/ DENISE (3)</b> 	<b>17</b> 10:00 AM CHAIR YOGA (3) <b>11:00 AM TRIVIA (DR)</b>  <b>2:00 PM BIBLE STUDY (3)</b> <b>3:00 PM Wii BOWLING (1)</b>	<b>18 BEAUTY SHOP DAY</b> <b>10:00 AM MEIJER</b> Sign up in lobby  <b>3:00 PM GROUP EXERCISE WITH JOE (301)</b> 	<b>19</b> 10:00 AM CHAIR EXERCISES- VIDEO W/ KAREN (3)  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR (L)</b>	<b>20</b> 10:00 AM <b>NO</b> CHAIR YOGA (3) VIDEO W/ KAREN (3) 10:00 AM TRIP TO SUNRISE SKILLET (MEET IN LOBBY AT 10:00 AM) Sign up in lobby <b>2:00PM LET'S PLAY FRIENDLY FEUD (3)</b>	<b>21</b>  RESIDENT POTLUCK
<b>22</b> 1:00 PM Worship for Everyone with Holy Communion (DR)	<b>23</b> 10:30AM BREAKFAST BINGO (3) 10:00 AM KROGER TRIP- SIGN UP IN LOBBY  <b>1:00 PM BIRTHDAY BASH</b> Sign up in lobby	<b>24</b> 10:00 AM CHAIR YOGA (3) <b>11:00 AM TRIVIA (DR)</b> <b>2:00 PM BIBLE STUDY (3)</b>  <b>NEW TIME</b> <b>1:30 PM LIBRARY BOOK HAULER</b> <b>3:00 PM Wii BOWLING (1)</b>	<b>25 BEAUTY SHOP DAY</b> <b>10:00 AM MEIJER</b> Sign up in lobby  <b>SPECIAL EVENT</b> <b>12:00 PM AMADA SENIOR CARE PRESENTATION</b> <b>WITH PIZZA AND DRINKS</b> <b>(DR)</b> SIGN UP REQUIRED	<b>26</b> 10:00 AM CHAIR EXERCISES- VIDEO W KAREN (3)  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR (L)</b>	<b>27</b> 10:00 AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  <b>12:00 PM</b> <b>LUNCH BUNCH</b> <b>PANERA</b> 	<b>28</b> 