











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1=1st Floor Entertainment 2=2nd Floor Therapy Gym 3=3rd Floor Activities DR=Dining Room L=Lobby PDR=Private Dining Room G=Gazebo					<b>01</b> 10:00AM ST. PAUL'S LUTHERAN Meet in lobby at 10 AM <u>Sign up in lobby</u>
<b>02</b> 1:00PM Worship for Everyone with Holy Communion (DR) 	<b>03</b> 10:30AM BREAKFAST BINGO (3) 10:00AM KROGER TRIP - SIGN UP IN LOBBY  2:00PM CHAIR VOLLEYBALL  3:00 PM RESIDENT COUNCIL MEETING (3)	<b>04</b> 10:00AM-4:00PM Pedicures by Appointment (SALON) 10:00AM CHAIR YOGA 11:00AM TRIVIA (DR) 2:00PM BIBLE STUDY (3) 3:00PM Wii BOWLING (1)	<b>05 BEAUTY SHOP DAY</b> 8:30AM 60 + PROGRAM (L) 10:00AM MEIJER Sign up in Lobby  1:00PM MOVIE AND POPCORN "Runaway Bride"	<b>06</b> 10:00AM CHAIR EXERCISES - VIDEO W/ KAREN (3)  1:00PM CARDIO DRUMMING (301)  3:30PM HAPPY HOUR (L)	<b>07</b> 10:00AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  12:00PM LUNCH BUNCH LA VIE MEDITERRANEAN (SPRING MEADOWS ) SHOPPING AFTER MEET IN LOBBY AT 11:45 AM	<b>08</b>
<b>09</b> 1:00PM Worship for Everyone with Holy Communion (DR)  6:15PM SUPER BOWL PARTY (3) DRINKS AND SNACKS PROVIDED	<b>10</b> 10:30AM BREAKFAST BINGO (3) 10:00AM KROGER TRIP - SIGN UP IN LOBBY  1:00PM CRAFT WITH KAREN VALENTINE'S DAY BUTTON ART	<b>11</b> 10:00AM CHAIR YOGA (3) 11:00AM TRIVIA (DR)  2:00PM BIBLE STUDY (3) 3:00PM Wii BOWLING (1)	<b>12 BEAUTY SHOP DAY</b> 10:00AM MEIJER Sign up in lobby  2:00PM HEARTLAND HOSPICE PRESENTATION (DR)	<b>13</b> 10:00 AM CHAIR EXERCISES - VIDEO W/ KAREN (3)  1:00 PM CARDIO DRUMMING (301)  3:30 PM HAPPY HOUR (L) 	<b>14</b> 10:00AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  12:30 to 2:30 PM VALENTINE'S DAY PARTY ROOT BEER FLOATS GAMES,TREATS - DR	<b>15</b> 
<b>16</b> 1:00PM Worship for Everyone with Holy Communion (DR)  	<b>17</b> 10:30AM BREAKFAST BINGO (3) 10:00AM KROGER TRIP - SIGN UP IN LOBBY  1:00PM PAINTING W/DENISE (3)	<b>18</b> 10:00AM CHAIR YOGA (3) 11:00AM TRIVIA (DR)  2:00PM BIBLE STUDY (3) 3:00PM Wii BOWLING (1)	<b>19 BEAUTY SHOP DAY</b> 10:00AM MEIJER Sign up in lobby  2:00PM GROUP EXERCISE WITH JOE (301) 	<b>20</b> 10:00AM CHAIR EXERCISES - VIDEO W/ KAREN (3)  1:00PM CARDIO DRUMMING (301)  3:30PM HAPPY HOUR (L)	<b>21</b> 10:00AM CHAIR YOGA (3) VIDEO W/ KAREN (3) 11:00AM TRIP TO SUNRISE SKILLET (MEET IN LOBBY AT 10:45AM) Sign up in lobby 2:00PM LET'S PLAY FRIENDLY FEUD (3)	<b>22</b>
<b>23</b> 1:00PM Worship for Everyone with Holy Communion (DR)  	<b>24</b> 10:30AM BREAKFAST BINGO (3) 10:00AM KROGER TRIP - SIGN UP IN LOBBY  1:00PM BIRTHDAY BASH Sign up in lobby	<b>25</b> 10:00AM CHAIR YOGA (3) 11:00AM TRIVIA (DR)  1:45PM LIBRARY BOOK HAULER 2:00PM BIBLE STUDY (3)  3:00 PM Wii BOWLING (1)	<b>26 BEAUTY SHOP DAY</b> 10:00AM MEIJER Sign up in lobby  2:00PM DISCOVERY SERIES WITH JOE	<b>27</b> 10:00AM CHAIR EXERCISES - VIDEO W/ KAREN (3)  1:00PM CARDIO DRUMMING (301)  3:30PM HAPPY HOUR (L)	<b>28</b> 10:00AM CHAIR YOGA (3) VIDEO W/ KAREN (3)  1:00 PM PODIATRIST(3) SIGN UP IN LOBBY	