


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1=1st Floor Entertainment 2=2nd Floor Therapy Gym 3=3rd Floor Activities DR=Dining Room L=Lobby PDR=Private Dining Room G=Gazebo	<b>JANUARY IS NATIONAL HOBBY MONTH</b>  What do you like to do in your spare time?	<b>01 NEW YEAR'S DAY</b> <b>OFFICE CLOSED</b> <b>KITCHEN CLOSED</b>	<b>02</b> 10:00AM CHAIR EXERCISES-VIDEO WITH KAREN (3) 1:00PM CARDIO DRUMMING (301)  3:30PM Happy Hour (L)	<b>03</b> 10:00AM CHAIR YOGA WITH KAREN (VIDEO) <b>2:00 PM CHRISTMAS CLEANUP</b> <b>TAKING DOWN CHRISTMAS DECORATIONS</b> MEET IN LOBBY	<b>04</b> 
<b>05</b> 1:00PM Worship for Everyone with Holy Communion (DR)	<b>06</b> 10:00AM Breakfast Bingo (3)  <b>10:00AM KROGER</b> Sign up in lobby  <b>3:00PM Resident Council Meeting (3)</b>	<b>07</b> 10:00AM CHAIR YOGA (301) <b>11:00AM TRIVIA (DR)</b>  <b>2:00PM BIBLE STUDY (3)</b> <b>3:00PM Wii BOWLING</b>	<b>08 BEAUTY SHOP DAY</b> <b>10:00AM MEIJER</b> Sign up in lobby  1:00PM CRAFT WITH KAREN (3) SNOWMAN	<b>09</b> 10:00AM CHAIR EXERCISES-VIDEO WITH KAREN (3) 1:00PM CARDIO DRUMMING (301)  3:30PM Happy Hour (L)	<b>10</b> 10:00AM CHAIR YOGA WITH KAREN (VIDEO)  <b>2:00PM CHAIR VOLLEYBALL (3)</b>	<b>11</b> )
<b>12</b> 1:00PM Worship for Everyone with Holy Communion (DR)	<b>13</b> 10:00AM Breakfast Bingo (3)  <b>10:00AM KROGER</b> Sign up in lobby  1:00PM MOVIES AND POPCORN (3)	<b>14</b> 10:00AM CHAIR YOGA (301) <b>11:00AM TRIVIA (DR)</b>  <b>2:00PM BIBLE STUDY (3)</b> <b>3:00PM Wii BOWLING</b>	<b>15 BEAUTY SHOP DAY</b> <b>10:00AM MEIJER</b> Sign up in lobby  2:00PM CHAIR VOLLEYBALL	<b>16</b> 10:00AM CHAIR EXERCISES-VIDEO WITH KAREN (3) 1:00PM CARDIO DRUMMING (301)  3:30PM Happy Hour (L)	<b>17</b> 10:00AM CHAIR YOGA WITH KAREN (VIDEO)  <b>12:00PM "LUNCH BUNCH" OLIVE GARDEN</b> <b>SIGN UP IN LOBBY</b> MEET IN LOBBY AT 12	<b>18</b>
<b>19</b> 1:00PM Worship for Everyone with Holy Communion (DR)	<b>20</b> 10:00AM Breakfast Bingo (3)  <b>10:00AM KROGER</b> Sign up in lobby  1:00PM PAINTING WITH DENISE (3)	<b>21</b> 10:00AM CHAIR YOGA (301) <b>11:00AM TRIVIA (DR)</b>  <b>2:00PM BIBLE STUDY (3)</b> <b>3:00PM Wii BOWLING</b>	<b>22 BEAUTY SHOP DAY</b> <b>10:00AM MEIJER</b> Sign up in lobby  <b>2:00PM GROUP EXERCISE WITH JOE (3)</b>	<b>23</b> 10:00AM CHAIR EXERCISES-VIDEO WITH KAREN (3) 1:00PM CARDIO DRUMMING (301)  3:30PM Happy Hour (L)	<b>24</b> 10:00AM CHAIR YOGA WITH KAREN (VIDEO) <b>1:00PM LET'S PLAY FAMILY FEUD (3)</b> <b>COME PLAY FAMILY FEUD WITH YOUR NEIGHBORS</b>	<b>25</b>
<b>26</b> 1:00PM Worship for Everyone with Holy Communion (DR)	<b>27</b> 10:00AM Breakfast Bingo (3)  <b>10:00AM KROGER</b> Sign up in lobby  1:00PM BIRTHDAY BASH	<b>28</b> 10:00AM CHAIR YOGA (301) <b>11:00AM TRIVIA (DR)</b> <b>2:00PM BIBLE STUDY (3)</b>  <b>3:00PM Wii BOWLING</b>	<b>29 BEAUTY SHOP DAY</b> <b>10:00AM MEIJER</b> Sign up in lobby  <b>2:00PM DISCOVERY SERIES WITH JOE (3)</b>	<b>30</b> 10:00AM CHAIR EXERCISES-VIDEO WITH KAREN (3) 1:00PM CARDIO DRUMMING (301)  3:30PM Happy Hour (L)	<b>31</b> 10:00AM <b>NO</b> CHAIR YOGA WITH KAREN (VIDEO) <b>10:00AM TRIP TO SCRAMBLER'S</b> <b>SIGN UP IN LOBBY</b>	