








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1=1st Floor Entertainment 2=2nd Floor Therapy Gym 3=3rd Floor Activities DR=Dining Room L=Lobby PDR=Private Dining Room G=Gazebo		<b>01 <u>PEDICURE DAY</u></b> <b>10:00 AM</b> <b>CHAIR YOGA (301)</b> <b>11:00 AM Trivia and Fun Facts (DR)</b>  <b>2:00 PM Bible Study (3)</b>  <b>3:00 PM Wii Bowling</b>	<b>02</b> <b>8:30 AM</b> <b>60+ PROGRAM</b> <b>10:00 AM MEIJER (SIGN UP IN LOBBY)</b>  <b>1:00 PM CRAFT WITH KAREN (3)</b>	<b>03</b> <b>10:00 AM CHAIR EXERCISES WITH KAREN (VIDEO) (3)</b>  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR</b>	<b>04</b> <b>10:00 AM CHAIR YOGA (3) VIDEO WITH KAREN</b>  <b>NOON HOLLYWOOD CASINO SIGN UP IN LOBBY</b>	<b>05</b>  
<b>06</b>  <b>1:00 PM Worship for Everyone with Holy Communion (CH)</b>	<b>07</b> <b>10:30 AM Breakfast Bingo</b>  <b>10:00 AM KROGER SIGN UP IN LOBBY</b>  <b>3:00 PM RESIDENT COUNCIL MEETING (3)</b>	<b>08</b> <b>10:00 AM</b> <b>CHAIR YOGA (301)</b> <b>11:00 AM Trivia (DR)</b> <b>1:00 PM FLU CLINIC</b> <b>1:45-2:30 PM LIBRARY</b>  <b>2:00 PM BIBLE STUDY (3)</b>  <b>3:00PM Wii Bowling (1)</b>	<b>09</b> <b>NO MEIJER TODAY</b> <b>10 am-3 pm TOLEDO ZOO WITH JEFF MCDONALD SWINGMANIA (MEET IN LOBBY AT 9:30 AM) PLAN ON BRINGING MONEY FOR LUNCH</b>	<b>10</b> <b>10:00 AM CHAIR EXERCISES WITH KAREN (VIDEO) (3)</b>  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR</b>	<b>11</b> <b>10:00 AM CHAIR YOGA (3) VIDEO WI KAREN</b>  <b>NOON LUNCH BUNCH: OLIVE GARDEN</b>	<b>12</b>
<b>13</b>  <b>1:00 PM Worship for Everyone with Holy Communion (CH)</b>  	<b>14</b> <b>10:30 AM Breakfast Bingo</b> <b>10:00 AM KROGER SIGN UP IN LOBBY</b>  <b>1:00 PM MOVIES AND POPCORN (3)</b>	<b>15</b> <b>10:00 AM</b> <b>CHAIR YOGA(301)</b>  <b>11:00 AM Trivia (DR)</b>  <b>2:00 PM Bible Study (3)</b>  <b>3:00 PM Wii Bowling</b>	<b>16</b> <b>10:00 AM MEIJER (SIGN UP IN LOBBY)</b>  <b>NOON BENJAMIN ROSALES SAXAPHONIST (DR)</b>  	<b>17</b> <b>10:00 AM CHAIR EXERCISES WITH KAREN (VIDEO) (3)</b>  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR</b>	<b>18</b> <b>10:00 AM CHAIR YOGA (3) VIDEO WI KAREN</b>  <b>2:00 PM OCTOBERFEST (DR) FOOD AND FUN</b>  <b>NO DINNER SERVED THIS NIGHT</b>	<b>19</b>  
<b>20</b>  <b>1:00 PM Worship for Everyone with Holy Communion (CH)</b>	<b>21</b> <b>10:30 AM Breakfast Bingo</b> <b>10:00 AM KROGER SIGN UP IN LOBBY</b> <b>1:00 PAINTING WITH DENISE (3)</b>  <b>3:00 PM SPECIAL MUSICAL PERFORMANCE BY MICHELLE (L)</b>	<b>22</b> <b>10:00 AM</b> <b>CHAIR YOGA (301)</b>  <b>11:00 AM Trivia (DR)</b>  <b>2:00 PM Bible Study (3)</b>  <b>3:00PM Wii Bowling</b>	<b>23</b> <b>NO MEIJER TODAY</b>  <b>11:00 AM CHAIR VOLLEYBALL(3)</b>  <b>2:00PM GROUP EXERCISE</b>	<b>24</b> <b>10:00 AM CHAIR EXERCISES WITH KAREN (VIDEO) (3)</b>  <b>1:00 PM CARDIO DRUMMING (301)</b>  <b>3:30 PM HAPPY HOUR</b>	<b>25</b> <b>10:00 AM CHAIR YOGA (3) VIDEO WI KAREN</b>  <b>11:00 AM SCRAMBLER'S SIGN UP IN LOBBY</b>  <b>2:00 CHAIR VOLLEYBALL</b>	<b>26</b>
<b>27</b>  <b>1:00 PM Worship for Everyone with Holy Communion (CH)</b>  	<b>28</b> <b>10:30 AM Breakfast Bingo</b> <b>10:00 AM KROGER SIGN UP IN LOBBY</b> <b>1:00 PM BIRTHDAY BASH</b>  	<b>29</b> <b>10:00AM</b> <b>CHAIR YOGA (301)</b>  <b>11:00AM Trivia (DR)</b>  <b>2:00 PM Bible Study (3)</b>  <b>3:00 PM Wii Bowling</b>	<b>30</b> <b>10:00 AM MEIJER SIGN UP IN LOBBY</b>  <b>2:00 PM DISCOVERY SERIES</b>	<b>31 HAPPY HALLOWEEN</b> <b>10:00 AM Exercise Class (301)</b>  <b>3:30 PM Halloween Happy Hour (L)</b>  