

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-29, Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-15	Sep-30, Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-16	Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-17	Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-18	Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-19	Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-20	Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-21
Breakfast						
Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Pancakes Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Eggs Buttered Waffles Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Canadian Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Bacon White Toast /Wheat Toast Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Pot Roast Mashed Potatoes Roasted Carrots Apple Pie Brown Gravy Coffee/Tea	Fried Chicken Scalloped Potatoes Corn Peanut Butter Brownies Coffee/Tea	Roast Pork Red Bliss Potatoes Broccoli Cheesecake Coffee/Tea	Cabbage Roll Stuffed w/Sauce Mashed Potatoes Lemon Meringue Pie Coffee/Tea	Roast Turkey Sweet Potatoes Green Beans Pumpkin Spice Bars Coffee/Tea	Meatloaf Mashed Potatoes Key West Vegetable Blend Fruited Gelatin Coffee/Tea	BBQ Pork Ribette Baked Potato California Vegetable Blend Cookie Sour Cream and Chives Margarine Coffee/Tea
Dinner						
Ham & Cheese Sliders Macaroni Salad Vanilla Ice Cream Cup Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Goulash Peas & Carrots Garlic Toast Pineapple Chunks Coffee/Tea	Grilled Chicken Breast Swch Lettuce / Tomato / Onion Potato Salad Peach Crisp Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Ham Loaf Au Gratin Potatoes Succotash Vegetable Blend Strawberry Shortcake 2% Milk Coffee/Tea	Deluxe Hamburger Pasta Salad Sliced Pears Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Pepperoni Pizza Tossed Salad Mandarin Oranges Choice of Dressing 2% Milk Coffee/Tea	Chicken Tenders Macaroni & Cheese Creamy Cole Slaw Cinnamon Apples 2% Milk Coffee/Tea

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Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-22	Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-23	Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-24	Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-25	Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-26	Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-27	Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Feb-29, Mar-28
Breakfast						
Pancakes Bacon Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs White Toast /Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cinnamon French Toast Bacon Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Biscuits and Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Baked Glazed Ham Sweet Potatoes Green Peas Cream Pie Coffee/Tea	Baked Spaghetti Cauliflower Garlic Toast Chilled Peaches Coffee/Tea	Roast Pork Chs-Toppd Baked Potato Broccoli Cinnamon Maple Apple Cake Margarine Coffee/Tea	Polish Sausage Sauerkraut Mashed Potatoes Lemon Bars 2% Milk Coffee/Tea	Ham & Potato Au Gratin Corn Cherry Crisp Coffee/Tea	Roast Beef Mashed Potatoes w/Gravy Green Beans Carrot Cake Coffee/Tea	Fried Chicken Au Gratin Potatoes California Vegetable Blend Black Forest Parfait Coffee/Tea
Dinner						
Shrimp Basket Creamy Cole Slaw Vanilla Ice Cream Cup 2% Milk Coffee/Tea	Breaded Chicken Patty Mixed Vegetables Cheesecake 2% Milk Coffee/Tea	Frankfurter On A Bun Baked Beans Tapioca Pudding Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Salisbury Steak Baby Baker Potatoes Carrots Frosted Chocolate Cake Coffee/Tea	Hamburger Gravy Mashed Potatoes Ambrosia Salad 2% Milk Coffee/Tea	Fish Sandwich Creamy Cole Slaw Banana Parfait Tartar Sauce 2% Milk Coffee/Tea	Beef Pot Pie Tossed Salad Cinnamon Applesauce 2% Milk Coffee/Tea

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Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-01, Mar-29	Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-02, Mar-30	Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-03, Mar-31	Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-04, Apr-01	Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-05, Apr-02	Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-06, Apr-03	Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-07, Apr-04
Breakfast						
Hot or Cold Cereal Pancakes Bacon Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs White Toast /Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Belgian Waffle Sausage Links Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Bacon White Toast /Wheat Toast Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Biscuits and Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Bacon White Toast /Wheat Toast Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Pork Chop w/Mushroom Gravy Mashed Potatoes Green Beans Peach Pie 2% Milk Coffee/Tea	BBQ Chicken Thighs Baked Beans Potato Salad Tapioca Pudding Coffee/Tea	Meatloaf Mashed Potatoes w/Gravy Broccoli Blueberry Pie Coffee/Tea	Lasagna Tossed Salad Garlic Toast Brownie Choice of Dressing 2% Milk Coffee/Tea	Roast Turkey Bread Stuffing Green Beans Pumpkin Pie Coffee/Tea	Roast Beef Mashed Potatoes w/Gravy Carrots Cookie Coffee/Tea	Spaghetti Sauce w/Meat Spaghetti Noodles Italian Blend Mixed Vegetables Garlic Toast Peach Upside Down Cake Coffee/Tea
Dinner						
Turkey & Cheese Sandwich Lettuce / Tomato / Onion Bacon Ranch Pea Salad Vanilla Ice Cream Cup Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Ham Slice Three Cheese Macaroni Green Peas Chilled Peaches 2% Milk Coffee/Tea	Hickory Smoked Pulled Pork/Bun Corn Pineapple Dream Coffee/Tea	Quiche Hashbrown Patty Tomato Wedges Fruit Cocktail Blueberry Muffin Margarine 2% Milk Coffee/Tea	Cheeseburger Lettuce / Tomato / Onion Creamy Cole Slaw Mandarin Oranges Ketchup / Mustard / Mayonnaise 2% Milk Coffee/Tea	Chicken Tenders Macaroni Salad Cucumbers & Sour Crm Butterscotch Pudding 2% Milk Coffee/Tea	Beef Stew Tossed Salad Biscuit Red Gelatin Choice of Dressing Margarine 2% Milk Coffee/Tea

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Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-08, Apr-05	Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-09	Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-10	Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-11	Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-12	Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-13	Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-14
Breakfast						
Hot or Cold Cereal Choice of Eggs Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Biscuits and Gravy Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Breakfast Ham Slice French Toast Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Sausage Links Donuts Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Pancakes Bacon Maple Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Roast Pork Baked Potato Prince Charles Veggie Blend Cherry Pie Sour Cream and Chives Margarine Coffee/Tea	Baked Chicken Bread Stuffing Whole Baby Carrots Vanilla Pudding Coffee/Tea	Polish Sausage Cooked Cabbage Green Peas Cinnamon Apple Tart Coffee/Tea	Roast Turkey Mashed Potatoes w/Gravy Broccoli Blueberry Crisp Coffee/Tea	Chicken and Noodles Whole Baby Carrots Brownie Coffee/Tea	Bratwurst on Bun Baked Beans Frosted Spice Cake Ketchup / Mustard / Mayonnaise Coffee/Tea	Country Fried Steak Mashed Potatoes Chalet Vegetable Blend Cookies & Cream Mousse Coffee/Tea
Dinner						
French Onion Soup Philadelphia Cheese Steak Sandwich Chip Pot Reg 1.5z IW Vanilla Ice Cream Cup 2% Milk Coffee/Tea	Ham Slice Sweet Potatoes Succotash Vegetable Blend Chocolate Pudding 2% Milk Coffee/Tea	Meatloaf Mashed Potatoes w/Gravy Green Beans Fruited Gelatin Dinner Roll Margarine Coffee/Tea	BBQ Pork Sandwich Caribbean Vegetable Blend Chilled Peaches 2% Milk Coffee/Tea	Sloppy Joe Chip Pot Reg 1.5z IW Red Grapes 2% Milk Coffee/Tea	Bean w/Ham Soup Saltines Chicken Salad Sandwich Pasta Salad Pineapple Dream 2% Milk Coffee/Tea	Spaghetti Sauce w/ Meat Spaghetti Noodles Garlic Toast Tossed Salad Ice Cream Sandwich Choice of Dressing 2% Milk Coffee/Tea